# **BOXHOLDER**



October 19-25 2022 • 10040 Hwy 54 • Weatherford • (580) 772-5939 • email: sales@westokweekly.com • www.westokweekly.com • Vol. 9 No. 42





Provided by DSL Hybrid

Quarterback Tylan Morton avoids a tackle against SNU at the SWOSU Homecoming game.

**Bulldogs Fall Short in Homecoming Shootout** Jon Chidester SWOSU Assistant AD/Media Relations Southern Nazarene combined for over 1,000 yards of total offense on Saturday, but it was the Crimson Storm who came out on top over the Bulldogs 45-38 to spoil Homecoming.

The loss drops the Dawgs back to 3-4 on the season. SWOSU has now lost three of the last four matchups with SNU dating back to 2018.

Both offenses totaled over 500 yards in the contest. Southern Nazarene edged the Bulldogs 565-524, which included a pair of 200-plus yard rushers from quarterback and running back. SWOSU's attack was more balanced thanks to 283 yards through the air and another 51 on the ground from Tylan Morton and three running backs who totaled 190 yards.

The game did not start how SWOSU would have like

when SNU's running back took it 75 yards for a score on the first play from scrimmage.

The Dawgs managed a 10-7 lead though by the end of the first quarter, before a pair of SNU touchdowns and a safety in the second quarter gave the visitors a 23-10 lead at halftime.

Trailing 30-10 in the third quarter, the resilient Bulldogs did not go away. They clawed all the way back to tie the game at 38-38 with 5:26 to play in the game but got delivered a dagger shortly thereafter.

With all momentum favoring the Bulldogs after an SNU fumble got cashed into the game-tying touchdown and two-point conversion, the defense had SNU at third and 10 in need of one stop to get the ball back and keep the momentum needle fully towards SWOSU. Instead, quarterback Gage Porter got loose out of the pocket and

 Southern Nazarene 2-5, 2-5 Southwestern Okla. 3-4,3-4 3rd 4th Southern Nazarene 15 45 Southwestern Okla. 14 14 38 **Team Statistics** SNU SWO Total Yards 565 524 Pass Yards 283 41 Rushing Yards 241 524 Penalty Yards 4-38 6-45 1st Downs 20 27 4-9 7-16 3rd Downs 4th Downs 1-1 3-5 TOP 33:59 25:51

scrambled for 58 yards to the SWOSU 21-yard line. They scored the go-ahead, game-winning touchdown three plays later.

SWOSU got the ball back with 1:03 left to play and had a chance but was unable to go the length of the field before time ran out. Final, 45-38. Morton finished 23-39 and threw for two scores to Isreal Watson. Watson finished with eight receptions and 94 yards receiving, edged only by Deshon Moreaux who caught 10 balls for 126 yards. Gerald Palmer ran the ball 14 times for 75 yards. Troy Henderson 11 times for 66 yards, and Dexter Brown eight times for 49 yards. Keldric Martin, SWOSU's leading tackler on the year, added 13 more

Per SNU's sports information department, the 524 rushing yards they racked up is a school record.

The Bulldogs will look to refocus against East Central (5-2) next Saturday, on the road in Ada. Kickoff for that game is scheduled for 2pm.



#### DANLY SCHEDULE

#### Friday, October 21

- Youth and Single Division Check in at 5:30 P.M.

#### Saturday, October 22

- Men's and Women's Doubles Check in at 8:00 A.M.

#### Sunday, October 23

 Mixed Doubles Check in at 8:00 A.M.

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#### FAQ SECTION

- Entry is \$40 per Person
- \$10 per Event
- \$25 per Youth 12-18
- \$25 for Event T-Shirts
- No registration at door



for more info!



ALL PROCEEDS FROM THIS EVENT WILL GO TO THE CHAMBER OF COMMERCE EDUCATION COMMITTEE FOR TEACHER APPRECIATION WEEK 2023.

#### Weatherford to Host New Annual **Pickleball Tournament**

**Chase Wright** Wright Wradio Staff Writer

A no-holds-barred pickleball tournament takes place on October 21st to October 23rd at Rader Park

in Weatherford, OK. The Weatherford Chamber of Commerce is hosting the inaugural 1st Paddle Battle Tournament! The tournament will have food trucks, competitive matches, and amazing door prizes.

Swing out to Weatherford for a weekend of fun! On Friday, the youth and single division faces off in the evening with check-in at 5:00PM. On Saturday, the Men's doubles and Women's doubles square up bright and early with checkin at 8:00AM, and on Sunday, the mixed doubles check-in for the final day of contest at 8:00AM.

T-shirts will be on sale for \$25, and all proceeds from the event will go to the Education Committee of the Weatherford Chamber of Commerce for use towards Weatherford Teacher Appreciation Week 2023. Let's have fun at the courts!

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#### **Wyatt Lindsey**

Wyatt Wayne Lindsey was born June 2, 2018, to Toby Dean Lindsey, II and Sabrina Nichole (Bates) in Oklahoma City, OK and passed away Monday, October 3, 2022, near Custer City, OK.



Wyatt was quite the

little man. He liked doing big things and being outdoors. He loved to fish and catch bugs and grasshoppers "HEADHOPPERS" as he called them. His favorite fish was a shark. He had started pre-kindergarten at Thomas-Fay-Custer School.

He was preceded in death by his paternal great grandparents Freddie and Tina Lindsey.

He is survived by his parents Toby and Sabrina, sister Rosemarie Lindsey, and brother Toby Lindsey, III, all of the home; his paternal grandparents, Toby Lindsey and Kristy Lindsey, and maternal grandmother Jolene Mundhenke, all of Clinton; great grandparents Wayne Carr, Custer City, OK, Sherry and Steve Shade, OKC, OK.

#### Rosita Garcia

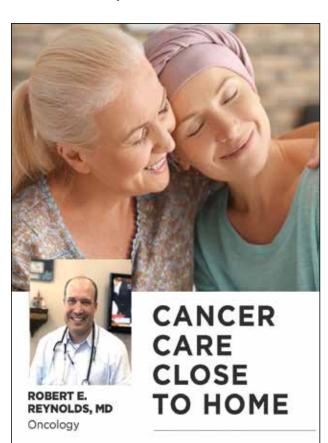
Rosita (Vasquez) Garcia, along with twin sister Carmen, was born August 1, 1964, to Juan and Rosa (Cross) Vasquez in Clinton, OK and passed away Saturday October 8, 2022, in the Oklahoma University Hospital in Oklahoma City.



Rosita was raised in Clinton where she also attended her schooling. She worked several years for Bar-S-Foods and most recently the Clinton Laundry and Cleaners. She was married to Santiago Garcia in 2013 in Clinton, OK. She enjoyed cooking, listening to music and dancing and just spending time with family.

She is preceded in death by her parents, four brothers and sisters: Regina Martinez, Jenny Vasquez, (Twin sister) Carmen Vasquez and Nico Vasquez.

She is survived by her husband of the home, three daughters: Amanda Gonzales-Eastman and wife, Tammy; Andy Gonzales, and Alisha Gonzales all of OKC, OK and son Adrian Gonzales, Clinton, OK; two sisters: Maria Flores and husband (Frank), OKC, OK, and Diana Vasquez Barraza and husband Victor, Clinton, OK; brothers: Alfredo Cardenas and wife, Lisa, Juan Cardenas and wife Maria; Rudy Vasquez and wife, Kim; Davis Vasquez, Antonio Vasquez, Jesus Vasquez, all of Clinton; and Jose Vasquez, OKC, OK. She is also survived by 8 grandchildren: Angelina, Heaven-Lee, Alan, Andrew, Angel, Adrian Azavier and Analyse.



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3701 E. Main St. Weatherford, OK 73096

#### Carl Shepherd

Carl Edmond Shepherd was born October 25, 1924, to Cleve and Mattie (Spencer) Shepherd southwest of Butler, OK which is now part of Foss, Lake and he passed away Wednesday, October 5, 2022, in the Corn Heritage Village in Corn, OK.



Carl was raised on a farm east of Butler where he attended Womble School. He was the oldest surviving son in the family and started working and helping on his father's farm and ranch at a young age. He married Fernita "Fern" Jessie Wright on January 6, 1946, in Butler, OK. They bought The Jay Maker farm and continued working with his father and brothers with the farming operation.

He has been a longtime and faithful member of the Freewill Baptist Church where he served as deacon. He enjoyed traveling, playing dominoes and fishing. He also served on the Arapaho School Board.

He is preceded in death by his parents, brothers and sisters, Jim Shepherd, Dorothy Goodall, Lorene Paris, Essie Roush, R.B. Shepherd and Maxine Adams. He was also preceded by several brothers and sisters in law who he loved very much.

He is survived by his wife, Fern, of 76 years, in the Corn Heritage Village in Corn, OK, son, Carl Lyn Shepherd and wife, Mary Jo, Edmond, OK, two daughters, Susan Diel and husband, Tom, Morrison, OK and DeAnn Staggs, and husband, Ron, Owasso, OK: two brothers, Clarence "Sandy" Shepherd and wife, Pauline, and Roy Shepherd, all of Clinton.

He is also survived by nine grandchildren, Kerry Knisley and husband, Jason, Casey Shepherd and wife Jayna, Shawn Diel and wife, Shawna, Amber Johnston and husband, Patrick, Cash Diel and wife, Andrea, Monte Kelley and wife, Heather, Sean Staggs and wife, Keri, Paul Staggs and wife Jennifer and Zac Lindley and wife, Adria; 25 great-grandchildren, Grayson, Addison, Niai, Caedmon, Rylan, Liam, Peter, Karsan, Gunnar, Aaron, Aiden, Wyatt, Ethan, Maddox, Jamal, Corbin, Taryn, Sage, Jacob, Hunter, Kalyssa, Avonlea, Piper, Tucker and Ellie.

#### **Paris Henry**

Funeral Services for Paris Henry, 21, Burns Flat resident were held 1:00 P.M., Tuesday, October 18, 2022, in the Kiesau Memorial Chapel, officiated by Pastor Dwight Shephard. Burial will follow in the North Burns Cemetery near Burns Flat,



OK under the direction of the Kiesau-Lee Funeral Home. Paris Michelle Henry was born April 2, 2001, to Steven Wayne Henry and Tangela (Peacock) in Clinton, OK and passed away Monday October 10, 2022, in the Baylor, Scott and White Hospital in Dallas, TX from complications of Covid-19.

She was raised in Burns Flat, OK and graduated from Burns Flat Dill City High School in 2020. While attending high school, she was a student council representative and chosen as homecoming queen her sophomore year. She was active in softball, basketball and volleyball. She continued her education by going to the University of Central Oklahoma in Edmond, OK. She was working towards a degree in Math Communication. She was employed with "Top Golf" and most recently she was employed at "The Beach" in Edmond.

She was a member of the Living Waters Church in Burns Flat, OK; she loved hanging around with friends, playing music, craft work and beading.

She was preceded in death by her maternal greatgrandmother, Eula Mae Harrison, paternal grandmother, Kattie Pigg and paternal step-granddad, Paul Benton.

She is survived by her parents Tangela and Scott Benton of the home, Steven Henry of Florida, her four-legged friend Cooper, her maternal grandparents William and Stella Peacock of Burns Flat, and step-grandmother Fran Benton of Heavener, OK.

She is also survived by numerous aunts, uncles, cousins and other family.



Chet Bender - 405-952-4112

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#### **Mary Anne Couch**

Mary Anne Vogt Couch was born on March 1, 1946, in Elk City, Oklahoma, to Herbert Hershel and Ella Helen (Thiessen) Vogt. She passed away on October 9, 2022, at Homestead Living Center in Weatherford She was surrounded by her daughters and sons-in-law.



Mary Anne attended Corn Public Schools and graduated in 1964. While in school, she met her most handsome bus driver, and as they say, the rest is history. J.B. and Mary Anne were married on March 20, 1964, in Corn. They made their home in Corn and lived there their entire lives until Mary Anne moved to Weatherwood Living Center in Weatherford in January 2017.

In July 1966, Jena Carole entered the world. December 1970, Julie Anne came along and completed their family. Mary Anne was so proud of her family. When the grandkids entered the world, you could see the joy and excitement written all over her face. Then great-grandchildren came along and there was joy like no other. Her family was the light of her life.

Mary Anne worked at Tena's Café in Corn while attending college. She received her Secretarial Certificate from Southwestern State College. Shortly after receiving her certificate, she began working in the superintendent's office for Corn Public School in December 1965. When the school consolidated with Colony Public School and became Washita Heights Public School in 1968, she continued to work for the school. Mary Anne was at Washita Heights when the school began and stayed there until the school closed its door in 2010. She retired knowing that she could never love a job as much as she loved HER school and HER job. Mary Anne was known by many as the Heart of Washita Heights. Very few people can say that they stayed at the same job for 45 years!

Mary Anne took great pride in volunteer work at the Et Cetera Shop. She worked for many years alongside her mother, father, sister and sister-in-law. This work was another way to serve her community and share her faith.

Mary Anne was a woman of strong faith. She recorded in her bible that she received Christ as her Savior on April 10, 1954, in Colony, OK. Everyone that knew her knew immediately that God was her Savior. Her mission in life was to spread her faith through music. Mary Anne played the piano for more weddings, funerals, graduations, and school programs than anyone could keep count of. She played the piano and organ for Calvary Baptist Church for 54 years before having to stop in 2019. Mary Anne was instrumental, along with her best friend Norma Powers, in beginning Discovery Club for the kids at the church. She loved spreading the word of God to the youth.

Mary Anne is survived by her daughters: Jena Allen and husband Brian of Oklahoma City, and Julie Chisum and husband, Tyler, of Hydro; four grandchildren: Brittany Joyce and husband Robby, Bryce Allen, Derek Chisum and wife Paxton, and Toby Chisum; six great-grandchildren: Rylan, Raylee, Raygan, and Ramsey Joyce, Wrenlee and Oakley Chisum; one sister Karol Dillard and husband Charles; one brother-in-law Bill Couch; one sister-in-law Cheryl Vogt; and her very special nieces and nephew. She was preceded in death by her husband J.B., her parents, her brother Richard Vogt, one brother-in-law Willard Couch, and two sisters-in-law: Ev Couch and Pam Couch.

#### Layken Luttrell

Layken Layne Luttrell, 16, of Mountain View, Oklahoma passed away unexpectedly on October 12, 2022 in Mountain View, Oklahoma. Layken was born to Laramie Luttrell and Ashley Franklin on October 8, 2006 in Elk City, Oklahoma. She grew



up and attended school in Burns Flat and was currently a sophomore at Mountain View - Gotebo High School. Layken enjoyed spending time with friends, family, and her animals. She will be dearly missed by all who knew and loved her, especially her family and friends.

Layken is survived by father Laramie Luttrell and wife Afton, mother Ashley Franklin, siblings Axel and Adalynn, all of Mountain View OK.

She is also survived by her grandparents: Dwight Luttrell and wife Donna of Mountain View, OK; Tammy Stump and husband Glenn of Foss, OK; and Randy Franklin and wife Cathy of Burns Flat, OK; aunts: Chyanne Eastwood and husband Kyle, Amy Craig and husband Ray, Danielle Maddox and husband Bobby, Ashley Kraham and husband Daniel, Summer Nault and husband Lee, uncle Ty Hennig, and a host of other family members and friends.



#### 7 - D A Y FORECAST



H: 68° L: 43° Wednesday

Sunny

H: 79° L: 48° **Thursday** 



H: 82° L: 54° **Friday** 



H: 82° L: 62°

Mostly Sunny



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#### "Stand for Quality" Theme of Residents' Rights Month

**Cherrie Nutley** October is "Residents' SWODA Ombudsman Supervisor Rights Month," an annual event designated by Consumer Voice to honor residents, living in all long-term care facilities. It's an opportunity to focus on and celebrate awareness of dignity, respect

and the rights of each resident. This year's theme, "Stand for Quality," emphasizes the importance of quality in all aspects of residents' experiences – quality care, quality of life, quality services, and quality choices – to name a few. Residents' Rights Month is an opportunity for staff, families, ombudsman programs, residents and other advocates to work together to stand for and promote quality long-term care.

The federal Nursing Home Reform Law guarantees residents' rights and places a strong emphasis on individual dignity, choice, and self-determination. The law also requires nursing homes to "promote and protect the rights of each resident." Residents' Rights Month is a time to raise awareness of these rights and celebrate

For more information contact your area Ombudsman Supervisor, Cherrie Nutley at 580-562-5032.



Krystal Blackwell / WW

Homestead of Weatherford recently held a witches party for all the residents. A witch's party wouldn't be complete without a little punch!

## HIGHER GROUND

#### Children and their Money



I'm not sure where I got this material but it is my document page and I thought it was worthy advice. I never thought about getting paid for choppin' cotton of pulling bolls when I was a kid. I just thought it part of the way to survive as a family. But I learned a lot of lessons from the work.

"How can I teach my children about money? I want to learn the value of money and how to use it. They are growing up in such a materialistic age and I see so many people getting into debt." Howard Dayton of Crown Finances has some suggestions.

First, he says, "teach by example that God owns it all." God wants us to put aside selfish indulgences and personal desires to be able to meet the needs of the family and to help others. If children see their parents praying for provisions for material needs, they will learn that borrowing is not God's best. Children need to see the family give a title of their income to the church. It is an easy principle to teach. When you write out your check, take a moment and explain how the money is spent. If you don't understand the money is used in the church then get someone to explain it for you. When children get their own money they should be encouraged to tithe.

Second, you must exercise self-control. Discuss how you save money to buy clothes, repair the car, take vacations, and buy presents.

Third, live on a budget. This teaches children how

to manage money and how to divide it into different parts. For children to learn the value of money they must have an income.

Every child should have some chores that are not tied to an allowance. These jobs are just the result of being a cooperative member of the familylearning how to do your part. Many parents also give children an allowance that is not tied to the chores they have. This is just money with no strings attached. It should not be so large an amount that it meets all their wants and needs, yet large enough that they look forward to getting it. Out of their allowance they can learn how to save for the things

they want. Besides the allowance, many parents provide income for extra jobs that periodically need to be done. These wages should be paid only if the job is completed. Children need to learn the value of getting paid for work that is done. Don't pay up until it is completed. If an exceptional job was done a bonus can be given to encourage good work habits.

Teach the child how to save instead of using your credit card. As an adult they will be more likely to save for needs rather then immediately going into debt. There should be some ground rules on how the money should be spent—yet it should not be too restrictive. Children learn from making mistakes with their money. When you see your child making wise buying decisions, give them a lot of praise.

With time, financial responsibility can be taught. It begins with the parents themselves exercising discipline, and continues with intentional planning for the purpose of teaching them financial stewardship. It all belongs to God and He allows us to use it. We must keep in mind His overall purpose for our lives.

To comment: jhm82@outlook.com, 580-302-1142.





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#### SWOSU Nabs Third Place at OBU Invitational

Jon Chidester
SWOSU Assistant AD/Media Relations
SWOSU's Cross-Country was invited to Shawnee Saturday to compete at the OBU Invitational hosted by Oklahoma Baptist University. The Bulldogs finished third place in a five-team field.

Oklahoma Christian won the 5k, followed by OBU in second and then the Dawgs.

SWOSU's top-five runner average was 22:01.93. Josilyn Schenk turned in the team's top time in 14th place overall, topping teammate Ana Arrieta by over one minute and 15 seconds.

The race was the final event leading up to the Great American Conference Championship on November 5.

The full results of the OBU Invitational can be found at www.SWOSUAthletics.com. The file shows not only the results for each school team's overall placement, but the times and scores for each individual runner.





#### Volleyball Rolls to Second Straight Sweep Against HSU

SWOSU volleyball obtained another 3-0 sweep, this time versus Henderson State. This game followed another SWOSU 3-0 sweep against Ouachita (details about this game can be found on page 7).

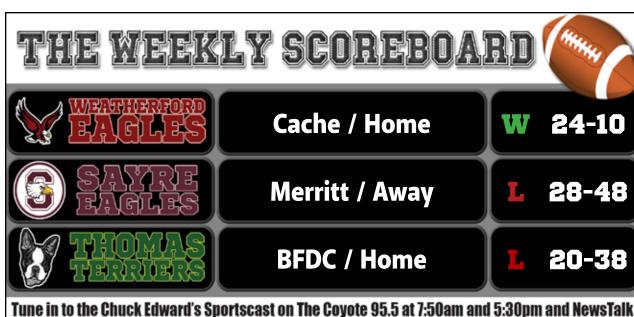
SWOSU extends its streak of consecutive home sweeps to five with the win. The sweep vaults the Dawgs to 8-3 in the GAC on the year, 12-10 overall.

The first two sets were dominant. Winning margins of 25-12 and 25-14 are what coach Josh Collins dreams about. To put it more into perspective, there were only three lead changes in the entire game.

HSU was held to a .084 hitting percentage for the match, their best hitting set coming in the second, with a .189. SWOSU hit .372 and .364 in the first two sets respectively.

The Bulldog attack was led by Zoey Sparks, coming in at 13 kills, followed by Lacy Mott and Carmen Kinsey with nine apiece. The Dawgs brick wall on defense was also Sparks, adding one solo block and five assisted blocks to her team leading hitting night. Libero Lauren DeSantiago acquired 18 digs in the match. Setter Terez Chavez had 25 assists for the game as well.

Volleyball's next match will be a crucial game against number two Oklahoma Baptist in the PCEC on October 20. SWOSU will look to avenge their 3-1



99.3 at 7:40am and 5:30pm for more information. Tune in to the Zoo Sportscast on the Zoo 101.7 at 8:40am & 5:40pm.







580-772-0606





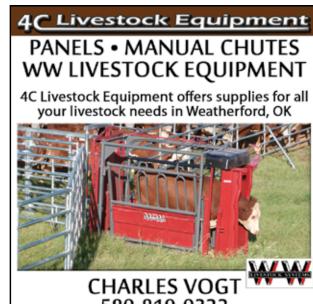


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For Sale - Nice Padded Dining Chairs. \$10 Each. 580-613-0108.

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20-in. Lawn Mower - 155 C.I. Briggs Stratton engine easy start runs good, uses little if any oil, \$45. 405-246-8952. 10am-8pm.

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For Sale - 9 month old mini Australian shepherd male, 1 vear old tov Australian shepherd female, both 580-614-1241

For Sale - Border Collie puppies. 4 males, 1 female from ABCA registered Dam and Sire on premises. 8 weeks old on 8/16. Very healthy and energetic pups are ready for a forever home now You should know about Border Collies before getting one. Clinton. 405-334-7516 \$350. Text for photo/video/info. jlinderer@

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For Sale - Four (4) Pomegranean Puppies. They'll be 6-weeks old as of 10/20. 2 Black-and-White females, 1 Black Male, and 1 Brown Male. Call for info and price. 903-808-0312.

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FRESH PEANUTS - Raw. Roasted, In-shell, Peanut Brittle, www.gooberhouse.com. Located in Carnegie, 580-654-1175

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For Sale - Odds & Ends Wood and sheet metal. \$150. Call 405-639-9667

For Sale - Oilfield Drillbit. 3 head and HEAVY. \$300. Call 580-330-

For Sale - Justin Steel Toe boots. Brand New. 11D. Super comfortable. No Box. \$150. 580-330-1437

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1984 Indiana Jones and the Temple of Doom belt buckle by Lee. Lucasfilm trademark. Red enamel. Awesome vintage collectible. \$55.00 OBO. Contact me at (580)-330-1437

Vintage metal lunch box - NO THERMOS. An awesome piece. Great colors \$80.00 OBO.

1983 Return of the Jedi

1980 Empire Strikes Back Vintage metal lunch box - W/ thermos \$85.00 OBO. Please text or call (580)-330-1437

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For Sale - Red stack on tool chest top and bottom. \$300. 580-330-1437

For Sale - Side by side refrigerator/freezer. \$125. 580-774-7242

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Food Club Flour 5 lb	\$1.88
Food Club Self Rising 5 lb	\$1.88
Food Club Granulated Sugar 4 lb. bag	\$2.48
Food Club Baking Chips 11 - 12oz All Varieties	\$1.98
Food Club Ketchup 38oz	\$1.68
Bush Chili Beans 15.5 - 16oz All Varieties	\$1.69
Kraft Macaroni and Cheese 7.25oz	\$0.98
Food Club Pasta Sauce 23-24oz All Varieties	\$1.28
Food Club Pasta All Varieties 16 oz	2 for \$3.00
Tru Blu Ginger Snaps 10oz	2 for \$4.00
Food Club Jelly Grape or Apple 18oz	\$1.99
Cravi'n Pretzels 15oz All Varieties 10 - 15oz	\$1.39
Old El Paso Refried Beans 16oz	2 for \$4.00
Old El Paso Enchilada Sauce 10oz	2 for \$4.00
Old El Paso Taco Shells	2 for \$4.00
Minute Rice Ready - To - Serve All Varieties	2 for \$4.00
Food Club Chicken or Beef Broth 32oz	2 for \$3.00
Hostess Individual Snacks All Varieties	3 for \$5.00
Classico Alfredo Sauce Four Cheese 15oz	2 for \$5.00
Jiffy Honey Corn Muffin Mix 8.5oz	\$0.79
Daim	

#### *Dairy*

Yoplait Yogurt 4 - 6oz	\$0.88
Food Club Orange Juice 64oz	\$2.58
Food Club Butter 16oz	\$3.48
Food Club Milk Gallons All Varieties	\$3.98
Food Club Cottage Cheese 24oz	\$2.88
Rana 5 Cheese Tortellini 20oz	\$6.78

#### Produce

210000	
Hass Avocados	\$0.99 each
Red or Green Seedless Grapes 2 lb. Clamshell	\$2.99 each
Select Cucumbers	\$0.79 each
Broccoli	\$2.49 bunch
Fresh Cranberries 12oz bag	2 for \$5.00
Large Green Bell Peppers	\$0.89 each
Jack - O - Lantern Pumpkins	\$4.99 each
Frozen.	

TIOZEIL	
Totinos Party Pizza All Varieties	2 for \$3.00
Pepperidge Farms Cakes All Varieties	\$4.88
Marie Callendar Pot Pies All Varieties	\$3.98
Hot Pockets All Varieties	\$2.88
Jimmy Dean Breakfast Bowls All Varieties	\$2.99

Meat			
Boneless Center Cut Pork Chops	\$2.99 lb.		
Fricks Ham Steaks	\$4.79 lb.		
Wrights Sliced Bacon	\$5.99 lb.		
Curleys Pulled Pork 16oz	\$4.99		
Circle S German Sausage All Varieties 2 lb. pkg	\$7.99		
Boneless Rib Eye Steak	\$14.99 lb.		
Boneless Rump Roast	\$5.99 lb.		

#### Dry Grocery

Glad Tall Kitchen Bags 34-45 ct	\$8.88
Simply Done Fabric Softener Sheets 40 ct	\$0.99
Simply Done Basic Napkins 250 ct	2 for \$4.00

### "The Coin Guy" **Crack in Coin Brings Big Money**





Coin collectors tend to forget the large amount of work that went into making large cents at the Philadelphia mint in 1794.

The above coin displays a special mark on it. Between the "E" and "R" in the word 'LIBERTY" is a crack. This is the result of a die beginning to break apart. The line running from Lady Liberty's neck is not a crack but the pole holding her Liberty Cap.

It is certified by the Professional Coin Grading Company (PCGS) as About Uncirculated 50.

The above 1794 Large Cent sold at auction for \$66,000.

Do you need help selling a coin collection? Don't know who to ask? Call The Coin Guy at 580-890-8076. We can meet at the Downtown Diner and discuss strategy. Thanks for reading.



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from "The New Van & Jon Show"

Weatherford schools Superintendent Jill Henderson said she recently met with District Attorney Angela Marsee and a DEA agent over the fentanyl crisis. Superintendent Henderson said a presentation will be made to students next spring and officials will also work with the community on the topic.



Pat Eure is the September Volunteer of the Month for Connections Food and Resource Center. She has been volunteering for 6 years. Connections Food and Resource Center offers a client choice food pantry that provides fresh produce, non-perishable, refrigerated, and frozen foods. Connections serves 15 zip codes, including Clinton, Colony, Corn, Hydro, Thomas and Weatherford.

Don't miss a game. STREAMED GAMES AT

Weatherford is up 2.77% at more than \$1 million 88 thousand dollars. Mayor Mike Brown said the city has been up for 22 consecutive months. The city of Clinton had a 13.8% increase to more than \$531,000. Meanwhile, Elk City had a 12% hike collecting over \$1.2 million.

BLAINE CO / FATALITY A Hitchcock man was killed in a single vehicle accident on State Highway 51 in Blaine County 2 miles east of Canton. Fifty-six-year old Kevin John Biggs crossed center line, departed the road, struck a tree and rolled 1.5 times.

CUSTER CO DIST COURT / BARKER - A Weatherford restaurant owner has entered a plea in Custer County district court to a misdemeanor charge of obstructing an officer. Fifty-year old Derrick Barker was given six months' probation after obstructing an officer during a traffic stop last November. Barker did not abide the requests of Weatherford Police during the traffic stop and was eventually tased at the scene by police.

CUSTER CO DIST COURT / BAILEY - A Claremore man has pleaded guilty in Custer County District court to a charge of assault and battery with intent to commit a felony. Twenty-one-year-old Tristen Brice Bailey was originally charged with first degree rape. Bailey will serve six months jail of a 5-year prison sentence. Bailey was arrested by Weatherford Police after authorities collected evidence during the execution of a search warrant at a residence in the 1000 block of north Bradley.

WESTERN OK / SALES TAX - Sales tax is up again WASHITA CO / FATALITY - A Mountain View teen in many western Oklahoma municipalities. The city of is dead following a one vehicle accident on State Highway 115, 2 miles north of Mountain View in Washita County. Troopers said the driver was south on State Highway 115 when the pickup truck departed the road and overturned an undetermined number of times. Troopers said the driver was ejected.

> BLAINE CO / CHILD ABUSE - Two people from Canton have turned themselves in to the Blaine County Sheriff's Office after investigators obtained an arrest warrant. Justin and Amanda Hicks are both being held on bonds of \$100,000, each, following an investigation of alleged child abuse. Investigators spoke with medical professionals and school staff, regarding the children and then spoke with the parents. The allegations were the parents had intentionally withheld food from the children and had struck and injured the children. Authorities said the children confirmed the information during interviews and disclosed the abuse has been occurring over a long period of time and occurred on a regular basis.

> **CUSTER CO DIST COURT / BARRIER - A North** Carolina man is scheduled for a preliminary hearing later this year in Custer County District Court on a drug trafficking charge. Nineteen-year-old Zane Marshall White is scheduled for a preliminary hearing December 8th. A co-defendant, 23-year-old Sammy Ray Barrier of Hickory, North Carolina, waived a preliminary hearing in August and will be in court for formal arraignment October 31st. Court records show the pair were found in possession of 41 pounds of marijuana earlier this year during a traffic stop by Weatherford police.



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Alcohol causing problems? Alcoholics Anonymous meets daily at 928 W. Main, Weatherford. Call (580) 819-0727 for more information...Christian Free Store - Donations of school supplies, clothes, shoes, etc. are needed or if you are in need. Please call (580) 637-2345 or (580) 291-3875. Alfalfa, OK Community Center "Bible Study," Every Monday Night from 7:00-8:00 Hwy 58. Five miles South of Hwy 152. For more Information contact 405-643-9211 Free and Open to the Public. Oklahoma Parkinson's Alliance-monthly support group meeting the second Thursday of each month, excluding December, at 5:30 p.m. at Weatherford's Pioneer Center, 1000 Gartrell Place. Patients, caregivers, family or friends are welcome. Questions? Contact OK Parkinson's Alliance (405) 810-0695 or info@oklahomapa.org

Happy Birthday Wishes for October 19th - Paynen Holley, Graham Murray, Erika Rivera, Jordan Stotts, Shane Swanee; October 20th - Tina Bowman, Justin Branson, Kathy Kasper, Brenda Kimble, Eric Martin, Lauren Moshier, Loretta Propps, Janet Smith, Donnie Sodders, Pat Suderman; October 21st - Johnny Bridgeman, Kallie Brooks, Jack Golden, Mikaela Sandlin, Audrey Vincent; October 22st - Felicia Alcelfo, Skyler Barnhill, Chad Clark, Ryan Coleman, Roger Duncan II, Norma Hinojosa, Wes Hixon, Racquel Javorsky, Kari Nichols McCoy, Kim Mullins, Ben Sanders, Esther Switzer, Michelle Walls, Carlee Young; October 23th - Morgan Clothier, Jett Entz, Alvin Epp, Janis Koch, Andy Koch, Harold Miller, Kierston Rodriquez, Brian Seeman, Larry Don Terrel, Ramona Tharp, Jerri Ynguanzo; October 24th - Michael Blagg, Dusty Brodrick, Bob Crum, Kenneth Garling Jr., Amy Palmer, Delaney Smith, Mariah Ynguanzo; October 25th - Jeannie Adam, Adeline Bieberich, Ann Brown, Maurice Gabriel, Kelsey Hampton, Danielle Harrington, Linda Hertzler-Crum, Jennifer Johnson, Teresa Seagress, Catrina Womack.

## Hepper and Swain Chosen as Bulldogs of the Week

**Grant Kopycinski** 

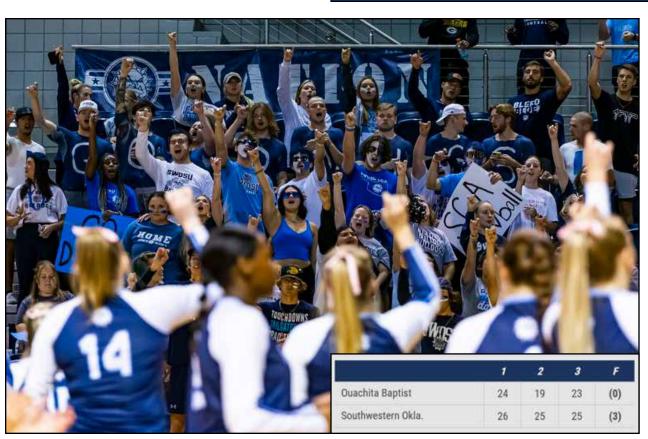
Abby Hepper (rodeo) and Micaella

Swain (soccer) have been selected as the newest Bulldogs of the Week. The award is brought to you by Wright Wradio, the official partner of SWOSU Athletics for both livestream and radio.

Hepper (Keene, North Dakota) led the SWOSU women's rodeo team at the Oklahoma State rodeo over the weekend. She competed in the barrel racing event. She posted a score of 16.73 in round one and 16.52 in round two, which was good enough for first in average and won her the event. This win helped the women's team take home the OSU women's championship.

Swain (McKinney, Texas) helped the SWOSU soccer team remain undefeated in the GAC with one win and one tie during last week's play. In the 5-1 win against East Central, she scored two goals and a career high seven shots and tied her career high with two goals to push the Dawgs to the blowout victory.









#### **SWOSU Bounces Back with Home Sweep of Ouachita**

SWOSU Volleyball and Ouachita entered Thursday next to each other in the standings, but the Bulldogs made clear the ranking order with a 3-0 sweep of the Tigers inside the Pioneer Cellular Event Center.

The Bulldog offense was clicking Thursday. They hit a season high .361 as a unit led by Lacy Mott and Samantha Kuzma who combined for 28 kills. This came two days after hitting a season low against No. 12 West

Texas A&M. A great response from the resilient Bulldogs. SWOSU moves to 7-3 in GAC play and a perfect 6-0 at home this season and sits in third place in the Great American Conference.

Despite the 3-0 final, all sets were close including the first and third being decided by just two points.

Set one featured 17 ties and 11 lead changes and it came down to the very end. SWOSU fought off set point trailing 24-23 and scored the next three points on three-straight kills to claim the win.

Set two was the most decisive win of the night for the Dawgs and even it saw an 18-18 score heading into the

late part of the frame. Seven of the final eight points went to the home side though – started by a Terez Chavez ace and ended with a Maicee Morgan ace – and SWOSU sat in a good position heading to the third.

Not quite as close as the opening set, but in set three both sides were tied on nine separate occasions including at the 21-21 mark. Mott posted back-to-back kills to eliminate any chance of the Tigers grabbing sneaky control and from there, the two traded points until the Dawgs got to 25.

The SWOSU attack hit at least .325 in every set which included a .385 mark in the opening frame. Seven of Mott's team-leading 16 kills came in the third set. Taryn Galt also had a strong third set where she collected five of her eight kills. Kuzma hit a blistering .550 and posted four kills in each set.

There'll be no time to rest with SWOSU's next match set for tomorrow (10/14) at 4pm against Henderson State. The Reddies just defeated Northwestern in five sets and will be looking to complete a successful road trip to Oklahoma against the Bulldogs.





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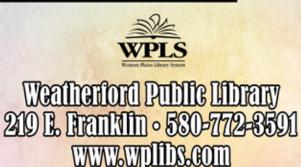
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## SENIOR LIVING

## HEALTH SERVICES

#### Therapeutic Relief with Heart & Soul **Professional Counseling**

Chase Wright Wright Wradio Staff Writer

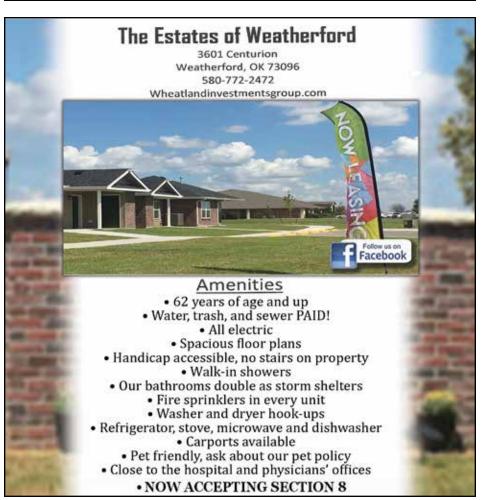
It's common for people to associate health and wellness with physical ailments, but it's important to be aware that mental and emotional strain is a very real thing that can even manifest into physical problems. Seeking help when you experience physical symptoms is considered normal, and yet, there's a certain stigma or bias that people are afraid will follow them if they seek the same level of treatment for issues of the mind and soul. Asking for help and for an ear to listen from family, a friend, a colleague, or a professional is not a weakness.

Heart & Soul Professional Counseling Services, Inc. operates out of Weatherford and specializes in individual and family therapy for adults and children. Andra Epperly explains the philosophy of her work, "I go with people's needs and progress, and the relationship should be matched from both sides - patient and counselor." The services Heart & Soul provides are not currently done through programs. Instead, following their philosophy, sessions are determined case-by-case and by the patient's goals and progress. Andra explains, "Some programs don't seem to fit with what people need." Some of the additional services they provide include couple's therapy, marriage counseling, and play therapy. "We do play therapy with children as young as 3 years of age. They usually come until they feel problems they had are resolved, but they can always come back."

Heart & Soul Professional Counseling, Inc. also does diagnostic evaluations for medical professionals in the area, but the easiest way to get in touch is by calling or emailing: andra.counseling@att.net.









#### **Kids Therapy Connection In Thomas Helps Kids Realize Their Potential**

**Chase Wright** Wright Wradio Staff Writer

Kids Therapy Connection out of Thomas, Oklahoma, is a clinic offering individualized, occupational, physical, and speech therapy for children from birth to 18 years of age. As the "only clinic in western Oklahoma to specialize in pediatric care", KT Connection is on a mission to help their patients realize their potential.

Each qualifying patient goes through an initial assessment evaluation that aims to build a personalized care strategy that can evolve and expand over their care term. Beside top-of-the-line physical and speech therapy, KT Connection also targets the often overlooked or forgotten aspects of development. Their occupational therapy uses sensory processing and fine motor skills strategies to target areas often associated with daily living: getting dressed, brushing teeth, tying shoes, etc.

Kids Therapy Connection operates out of their main office in Thomas and out of Elk City on Mondays and Fridays. A new building is in the works in Thomas that will allow them to expand services to parent classes and play groups. Referrals can be done through your Primary Care Physician or by parents calling: (580) 661-3517 for initial evaluations. Additional information is available on their website ktconnection.com





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## SENIOR LIVING

## HEALTH SERVICES

#### Caring Hearing Aid Services: A PSA on Your Ears and Actions You Can Take

Hearing, the second most information-rich sense, is one of the core ways we can stay aware of our environment and stay connected to it. While sight is our most dominant sense, hearing is our most sensitive, and as the most sensitive, its care should be at the forefront of our thoughts.

Human hearing is comprised of thousands of hair cells that are topically organized, meaning they all are responsible for different frequencies. Humans can typically hear frequencies from 20hz to 20,000hz. However, strain and overuse (from loud decibel noises) can damage those cells and can thereby damage your ability to hear that frequency. We only have one set of these hair cells, once we lose them, those cells are gone, permanently, and it doesn't take much.

For example, normal conversation is around 60 decibels (dB) while loud vehicle engines can be around 90dB. Once sounds reach 100dB (lower than a typical

music concert), you can only do that safely for around 10 minutes before more severe hearing damage begins to occur. This is why ear plugs and other forms of protection are instrumental in ensuring your hearing is the best it can be for as long as possible.

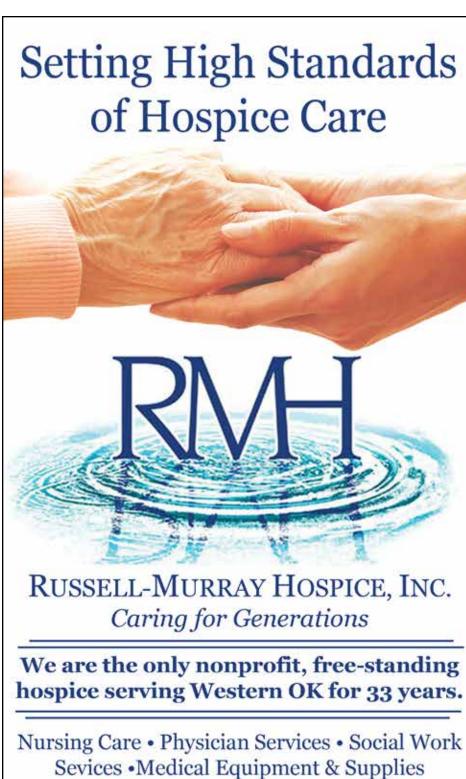
It's also important to know that these hearing hair cells are always in use and are therefore always getting reduced in efficacy. Because higher pitched sounds are more common, those are the levels of frequencies we tend to lose first. These reductions in hearing may lead to problems when communicating, like if you are having a conversation and there are low rumbling ambient noises like from an HVAC or outdoors, you may have trouble separating the two leading to frustration.

This is where hearing aids come in. Like the way glasses work by fitting lenses tailored to an individual's eyesight level, hearing aids are set to support the wearer's unique hearing profile. They don't just make things louder; they provide clarity. Today, hearing aids have so many great features like directional microphones (assists in being able to pinpoint the direction sound is coming from), telecoils (tech that can pick up signals from systems like PAs in churches and theaters, to hear the speaker, play or movie better), noise reduction (like reducing wind noise), wireless connectivity (Bluetooth compatible devices for music and calls), and variable programming (where several preprogrammed settings are available for various listening needs).

If you think hearing aids may be beneficial to you or a loved one, reach out to Caring Hearing Aid Services in Clinton, OK for a consultation, "Hearing is Believing!" With 38 years of experience in ear care, including certified ear wax removal, Caring Hearing Aid Services is committed to ensuring everyone can cherish their hearing.







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## SENIOR LIVING

## HEALTH SERVICES

#### Clinton Veterans Center Provides Specialized Care for Veterans, Families

The Oklahoma Department of Veterans Affairs is a crucial part of ensuring our military veterans receive all the assistance they need, because life after military service can be challenging. According to veteran census data from the George W. Bush Institute, there are 2.5 million post 9/11 veterans in our country. These veterans are facing severe uphill battles as they try to reassimilate into civilian life. As many as "20% are diagnosed with post-traumatic stress", "22% with depressive disorder", and "40.7% feel like a guest in their own home". With around 48,000 homeless, or at risk, veterans, support structures are needed now more than ever. The Oklahoma Department of Veterans Affairs is committed to "empowering veterans and servicemembers in their pursuit of quality of life and quality of opportunity in the great State of Oklahoma". As part of their mission, they have created and sustained programming that advocates for veteran interest, builds community support, and facilitates personal and financial independence for veterans in all phases of life. To both enact these programs and provide personal care, the department has Veterans Homes around the state, including one located in Clinton, OK.

The Clinton Veterans Home is located off I-40 South of Clinton "where residents enjoy a home-like atmosphere of western Oklahoma hospitality". The home is "devoted to the specialized treatment of Alzheimer's and other dementias". Residents at the home enjoy frequent recreational activities in the recreational hall and auditorium where major renovations took place, with the most recent in 2002.

As part of their mission for care, the veterans home provide "medical services including nursing staff, rehabilitation therapy, pharmacy and recreational therapy". They are also able to provide medical supplies, medications, and equipment to the veterans through the inclusive medical care program. To assist veterans with travel, transportation to and from local appointments are provided for the veterans.

Clinton Veterans Home Admissions Office is available by mail, phone, or email for admission information. Online applications for admission are available through the Oklahoma Department of Veterans Affairs website: oklahoma.gov/veterans.

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Family Medicine is the medical specialty which is concerned with the total health care of the individual and the family. It is the specialty in breadth which integrates the biological, clinical, and behavioral sciences. The scope of family medicine is not limited by age, sex, organ system, or disease entity.



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