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# On the Hunt for Hardware

# Western Oklahoma High School Basketball Round-Up



Jacob Staggs / WW

Weatherford's play-by-play commentator Chuck Ramsay "The Law Dog" poses with the The Lady Eagles receive one last piece of adstarting lineup for the Eagles (from left): Tate Sage, Jackson Smith, Nate Reherman, Chuck vice from Coach Grant Givens from the court's Ramsay, CJ Nickson, and Ethan Sage. sidelines before the quarter starts.



Jacob Staggs / WW



All players get ready to rebound the ball as CJ Nickson makes a shot

Ethan Sage, along with OCS junior Luke Gray, eagerly watch as the ball is dribbled down the court.

**Chad Gray** 

from the free-throw line.

It's the Big House or bust as Oklahoma High School

Basketball enters the 2nd week of state finals playoff action for the 2022-23 season, and while some perennial Class A and B challengers have already secured new hardware other Western Oklahoma teams are looking to add to their trophy cabinets later this week.

Starting with Class B basketball, the top-ranked Lady Warriors of Hammon defeated the second ranked Lomega Lady Raiders 59 to 49 to secure their third state championship and second title since 2018. On the boys side, the top ranked Mustangs of Fort Cobb-Broxton took down the fourth ranked Calumet Chieftains 68-52 to secure the Class B boys state title.

In Class A basketball, the Seiling Lady Wildcats secured their sixth state title in 8 years defeating

the Caddo Lady Bruins 54-40. On the boys side the Caddo Bruins took home the championship in a 58 to 51 victory against the Mustangs of Okay.

In Class 4A action, the Weatherford Eagle girls and boys basketball teams traveled to Hennessey for their area championship games this past weekend. On Friday evening the Lady Eagles were defeated by the Lady Bronchos of Bethany with a scoreline of 42 to 66. Addy Hoffman led in scoring for the Lady Eagles with 12 points, but there was no answer to the Lady Bronchos who punched their ticket to the state tournament with an area championship.

The Weatherford Eagle boys basketball team, however, was able to win their area championship match-up against Oklahoma Christian School Saints in a 41 to 38 victory that sends them to Big House on Wednesday. The Eagles were led to victory by

double digit scoring efforts from C.J. Nickson and Tate Sage who scored 16 and 14 points, respectively.

The Weatherford Lady Eagles returned to Hennessey on Saturday night in a rematch of their regional championship game against the Classen SAS Lady Comets. The Lady Eagles fell in gutwrenching fashion as the Lady Comets defeated the Lady Eagles with a last second layup 54 to 52, sending the Lady Comets to the big house as Area 1 consolation champions. The Lady Eagles were led in scoring by Addy Hoffman with 22 points, while Jordan Hoffman added 11 points and Harlie Chism finsished with 10 points.

Wright Media will broadcast audio streams of the Weatherford Eagles Boys basketball games at State. You can listen online at wright.media/one or on the radio at Coyote Classic 100.3 FM.

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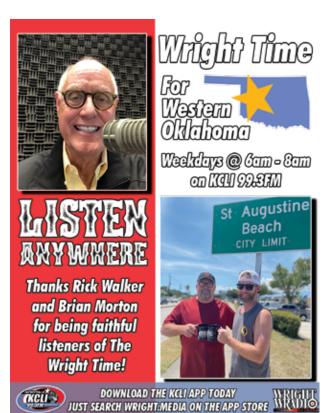
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#### Linda Lau

Linda Lee Sights Lau, 74, passed away on February 15, 2023, with loved ones around her.

Linda was born March 16, 1948, in Clinton, Oklahoma, to Alva and Marjorie (Howe) Sights. She grew up on the family farm west of Clinton



where, as a child, she enjoyed tending to the animals and exploring nature. She attended Stafford school and graduated from Clinton High School in 1965.

On July 3, 1965, Linda married her high school sweetheart Danny Lau.

Each like to tell their own version of how they met when Linda asked Danny out on a date during Sadie Hawkins week at school. To this union, two children were born - Matthew and Laura. During their marriage, Linda lived in Germany, Lawton, Bartlesville, Jenks, Hugo, McAlester, Tulsa, and Clinton, meeting many life-long friends and making memories along the way.

During her career (1979-2023), Linda was an office administrator for several Oklahoma school districts, including Jenks, McAlester, Lawton, Weatherford, and Clinton. Upon her retirement from Clinton Public Schools, she continued to work on a part time basis in the school's special services department. She loved going to work and having fun. She would always say, "if you can't have fun at work, then why go?"

With her family and friends, she enjoyed camping, hiking, traveling, and decorating. She had a creative soul and a knack for crafting, designing, home decor, and event planning. She spent countless hours in her yard, planting, pruning, building and beautifying her flower beds. She was always up for an adventure and was usually planning a trip or two. Whether it be a trip to see the Texas bluebonnets or the golden aspens of Colorado, she was ready to go with snacks and a case of Diet Coke in the back. She would often say, "life is short; you should see and do as much as you can with the time that you have."

Linda had a heart for animals and was known to occasionally bring home strays. One day, a cat walked into the school where she worked, and she scooped her up and brought her home to live and be loved. Her philosophy was that pets will find you; you don't find them. As you can imagine, many a dog would show up, and always at the right time, out on the farm.

Her greatest love was her family. She was especially proud of her children and grandchildren. She cherished the annual "girl's trips" with her granddaughters and all the memories they created. She loved hosting extended family gatherings and always made more food than could possibly be eaten. She was an amazing mother, grandmother, sister, aunt, cousin, colleague and friend. She touched the lives of so many people. She will truly be missed and will never ever be forgotten.

Linda was preceded in death by her parents.

She is survived by her husband Danny Lau of Clinton; son Matthew Lau and wife Andi of Oklahoma City; daughter Laura Yokley and husband Brad of Owasso, OK; and three granddaughters: Leah Lau, Makenna Yokley, and Sarah Yokley; and many aunts, uncles, cousins, nieces, and nephews.





#### Mike White

William Michael "Mike" White (Indian name "Hotoa' ohma' aestese" meaning Red Buffalo) was born April 23, 1968, to William Joe White and Betty Lou (Red Buffalo) White in Albuquerque, NM and passed away Wednesday, February 22,



2023, in the Oklahoma University Medical Center in Oklahoma City, OK.

Mike was raised in Arapaho, OK where he graduated from high school in 1986. He was an outstanding basketball player at his high school. He helped his team play in the OSSAA Class B High School Basketball Tournament until the State quarter-finals. He also once competed against a future Oklahoma State University player Royce Jefferies. In 1987, he and his brother Daniel played with Steve Reevis to win the Intermural Basketball Championship at Haskell Indian Junior College. He continued his education at El Reno Junior College and Haskell Indian Junior College.

His dad was from Albuquerque, NM, a part of the country Mike lived in sporadically throughout his lifetime and often expressed his love for. He often expressed wanted to return to his roots in Albuquerque, where he felt close to his dad.

He loved sports, including basketball, fast-pitch softball, baseball, volleyball, and bowling--a sport in which he won several tournaments. He was an avid fan of OU sports and North Carolina Basketball. His favorite pasttime was to terrorize his nieces and nephews.

He was preceded in death by his father Billy Joe White; paternal grandfather Richard White; maternal grandparents Benjamin Red Buffalo and Vida Roman Nose; niece Deven Renee Blackwolf Johnson; two aunts: Minnie Killsnight and Teresa Bear; two uncles: Johnnie White and Amos White; three nephews: Shannon Blackwolf, Parrish Blackwolf, and Khristian Blackwolf; and three cousins: Gerald Red Buffalo, Jeff Bearbow, and Lucille "Bear" Emmert.

He is survived by his mother Betty (Red Buffalo) White of Arapaho, OK; seven sisters: Karen Blackwolf, Vida Birdshead, Betty Lynn Blackwolf, Danielle Blackwolf, Kerrie Blackwolf, Kellie Blackwolf, and Tracy White; three brothers: Donny Joe Blackwolf and wife Ana; Daniel Blackwolf and wife Dianne; and Mikes and companion Mary Jo Higgins; five grandchildren: Avery Higgins, Kyle Higgins, Damien Higgins, Josephine Higgins, and Winter Lee; and six bonus grandchildren: Riley, Reagan, J.J. Skye, Marlee, and Oaklyn; as well as numerous nieces and nephews.

#### **Rudy Rivera**

Rodolfo "Rudy" Castillo Rivera was born August 2, 1959, to Silvestre Rivera and Caterina (Castillo) Rivera in Wild Rose, Wisconsin, and passed away Thursday, March 2, 2023, in the Oklahoma University Medical Center in OKC.



Rudy was raised in Clinton, OK, where he graduated from Clinton High School in 1979. He was concurrently enrolled at Burns Flat Vocational School, where he received his welding certificate. He was a self-employed welder for over 34 years until he medically retired.

He married Lorie Ernst on March 20, 1996, in Pagosa Springs, CO, and they made Clinton their home. He was a faithful and active Edge Church member and will be missed meeting and greeting churchgoers at the front door. He loved the outdoors, riding his Harley Davidson, shooting pool, and stock car racing.

He was preceded in death by his parents, brother Jessie Acosta, and sisters Dora Acosta and Josefina Pineda.

He is survived by his wife Lorie of the home; his mother-in-law Jane Ernst of Clinton, OK; two daughters: Jasmin Rivera of Tulsa, OK; and Eden Rivera of Oklahoma City, OK; and four brothers: Silvestre Rivera, Jr. and wife Anna of San Antonio, TX; Juan Acosta and wife Elizabeth of Clinton, OK; Frank Acosta of Clinton, OK; and Robert Rivera and wife Terri of Clinton, OK.

#### Anthony Thunderbull

Anthony Allen Thunderbull was born June 4, 1961, to Bennie Thomas Thunderbull and Martha Madbull in Geary, OK and passed away Monday, February 20, 2023, in the Weatherford Regional Hospital Emergency Room.



Anthony was raised in Geary, OK where he graduated high school in 1979. He continued his education at Kansas University from 1979 till 1981.

He moved to Clinton, OK in 1981 and worked for the City of Clinton in the Public Works Department. He was involved in an motor cycle accident several years ago and has been in in Nursing Facilities since that time.

He was a member of the Native American Church,

he enjoyed going to powwows, playing hand games, he was an accomplished artist and was an avid Oklahoma University fan.

He was preceded in death by his parents and his wife Susie Fletcher.

He is survived by his two half-brothers: Damon Dunbar, Weatherford, OK, and David Madbull, El Reno, OK and half-sister, Joyce Madbull, OKC, OK.

He is also survived by numerous aunts, uncles, nieces and nephews and cousins including Marvin Thunderbull, of Clinton.

#### **Howard McCornack**

Howard Alan McCornack was born February 27, 1953, to Harold and Evelyn (Kupka) McCornack in Clinton, OK, and passed away Tuesday, February 21, 2023, in his Clinton home with family after his battle with lung cancer.



Howard was raised in Clinton, OK, where he graduated from Clinton High School in 1971. He attended Southwestern Oklahoma State University in Weatherford, OK. He married Brenda Campbell on September 14, 1974, in Weatherford, OK. The young couple made their home in Clinton, OK.

He worked for the Lorenz John Deer Implement Co., Collins, and Aikman Manufacturing, as well as being self-employed. He retired from the City of Clinton in 2018.

He was a member of the Catholic Faith.

Hobbies included riding motorcycles & stock car racing. He was also a professional fisherman, participating in tournaments for seven years.

His parents, sister Marian Parsons, and grandson

Dennis McCornack II all preceded him in death.

He is survived by his wife Brenda of the home; daughter Mindy Irene Crayton of Clinton, OK; son Dennis McCornack of California; two sisters: Sandra Hough and husband Terry of Clinton, OK; and Linda Martin of Texarkana, TX.

He is also survived by five grandchildren: Chelse Hill and husband Rhett; Melody McCornack; Matthew McCornack; Cole Crayton; and Gunner Crayton; as well as three great-grandchildren, all of Clinton, OK.

#### **Gene Stamper**

Freddie Eugene "Gene" Stamper, 76, of Sayre, OK, was born on April 10, 1946 in Pampa, Texas. He is the son of Gordon Ulysses Stamper and Ethel (Pitcock) Stamper. He went to be with his Lord and Savior on Thursday, March 2,



2023 at his residence in Sayre, surrounded by his loving family.

Gene graduated from Southwestern Oklahoma State University with a Bachelor's degree in Mathematics. He worked as a carpenter and truck driver for Farmer Supply. He enjoyed spending his free time woodworking, attending auctions, and watching movies.

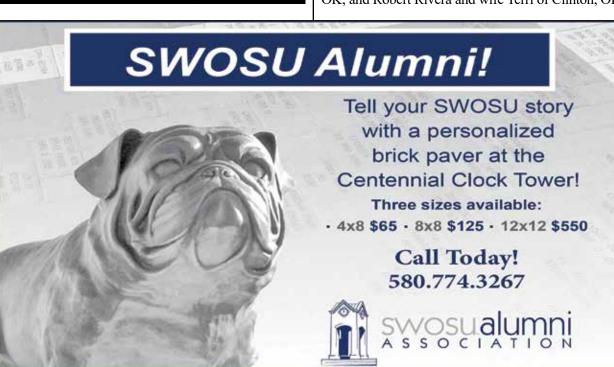
He was a collector and collected Star Wars, Star Trek, and trains. Gene was a member of the First Methodist Church, Cheyenne, OK. He loved being with his family, kids, grandchildren, and great grandchildren.

Gene married Mary Jacqueline Aston on November 22, 2008 in Sayre, OK.

Gene was preceded in death by parents, first wife Carrol, two brothers; G.A. Stamper, Billy Stamper.

He is survived his wife Mary Stamper of the home; sister Loyette Buffum of Overbrook, Kansas; two daughters: Christy Manhart and her husband Clayton of Elk City, OK; and Michelle Brookman and her husband Richard of Bucklin, Kansas; and four sons: Keith Dobbs and his wife Tina of Elk City, OK; Keven Stamper of Cheyenne, OK; Kyle Stamper of Cheyenne, OK; and Kelton Stamper of Reydon, OK.

He is also survived by 12 grandchildren and two great-grandchildren, with one on the way.

















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S C A N M E



# Guidance and Resources for Loved Ones' Care

Placing a loved one in a nursing home is one of the most challenging decisions that a family makes for a loved one. Sometimes this is the best option moving forward. When this time comes, prospective residents and their families should have the best information possible to assist in making this decision.

First, explore all options and alternatives and, if possible, plan for future long-term care needs. If those in need and those close to them can discuss preferences related to long-term care, then decisions and arrangements are much easier when the need for long-term care arrives.

Before you look for a nursing home, be sure your loved one's condition and support system has been thoroughly evaluated. Have open and honest conversations with your loved one about their wants and needs. When properly diagnosed and treated, some conditions may improve significantly. Also, some people with debilitating medical conditions can remain at home with the proper support system.

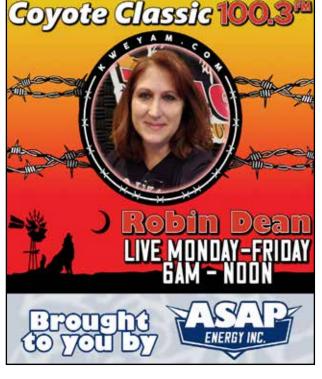
Suppose your loved one has some difficulties with communicating or understanding. In that case, including them in all aspects of their care is still imperative. Most people prefer to stay in their homes, so you may need to look into home care options, including home care with aides or assisted living or family and friends willing to be a helper. Your local Area Wide Agency on Aging will be able to provide some information and assistance if home care is the plan. The number for SWODA AAA is 580-562-4882.

If your loved one requires more care and support than can be safely given in their home, it is time to research nursing home long-term care or short-stay rehab options. Next month, we will discuss evaluating possible nursing home options.

Remember, if you or a loved one is in long-term care and has concerns, questions, or complaints, contact your area Long-Term Care Ombudsman Cherrie Nutley, by phone, at 580-562-5032.











# HIGHER GROUND

#### **Repent or Perish**



"I do not know how to speak, I am only a child." But the Lord said to me "Do not say, 'I am only a child.' You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you," declares the Lord. (Jer. 1:6, 7)

Young Jeremiah could not belief that God would call him to be His mouthpiece to a nation that had fallen on disfavor with its Creator because of their sinful ways. (Jer. 2:13, 25) God describes their condition; "My people have committed two sins: They have forsaken me, the spring of living water, and have dug their own cisterns, broken cisterns that cannot hold water." ...But you said, "It's no use! I love foreign gods, and I must go after them."

Jeremiah went on to a lifetime of suffering ridicule and painful persecution, which included being thrown into a muddy cistern. He kept warning the people of Judah of the impending judgment of God if they did not repent. Indeed judgment did come at the hands of the Babylonians in 586 B.C. Some people have said, "The safest place to be is in the will of God." Really? Jeremiah might argue with you. Others who have and continue to suffer persecution and death at the hands of evil man would question that statement. The fact is, God did not call us to be safe. He calls us to faithful obedience.

Repentance is a hard sell to a people who are comfortable in their sins. When we compare ourselves with other people we feel okay about our standing with God. After all we pay our bills, don't abuse our spouse, don't get drunk, steal, and we go to church most Sundays.

It was interesting that when the students in Asbury experienced their heightened consciousness of God, it brought them to their knees in conviction of sin and their need of repentance. They obviously saw their selfishness, self-sufficiency, pride, and self-righteousness—the so-called soft sins that don't bother us very much.

A study of most of the revivals of the past; the Welsh revival, the revival of the Hebrides and of the first and second Great Awakenings, reveals that repentance was a major factor. People would fall on their faces, convicted of their sin without a sermon being preached.

Today we fear that if we emphasize sin and repentance people might be discouraged and walk away feeling bad. If fact, when we come to see ourselves as God sees us, we are grateful that God in his great mercy is a God of forgiveness and now we experience a greater joy of his presence. The greater our love of God, the more we can trust Him, and the greater our trust, the greater our obedience. Too often our invitation neglects the idea of repentance. To repent means to turn from our rebellion against God and turn in surrender to his Lordship. It means a changing of our minds about God. Surrender means a yielding of our lives to his will and his way. We say with the Psalmist, "Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long." (Ps 25:4,5)

To comment: jhm82@outlook.com, 580-302-1142.

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### **Bulldogs Fall in 3-Game Home Opener to Southeastern**

Grant Kopycinski

SWOSU Softball opened up home play on Friday afternoon, hosting Southeastern Oklahoma State. ultimately, SWOSU Softball would drop all three games against the Savage Storm.

#### Game 1 – SEOSU 7, SWOSU 2

The opening two innings saw just one hit each for both teams. Both pitchers were dealing, combining for nine strikeouts in the first 12 outs. The top of the third is where Southeastern came alive.

They loaded the bases to start the top of the inning thanks to an error and two walks.

A double, one batter after the walks, brought two home. A sacrifice fly later scored one more for a three-run inning. The Savage Storm came back in the top of the fourth

and matched their third inning score. Multiple RBI singles and a couple walks did it in the fourth. Back to back three-run innings took the score from

0-0 to 6-0 in favor of Southeastern. SWOSU did not lay down and got on the scoreboard

via a Katie Boline triple in the bottom of the fourth. They added one final run in the fifth, but the Savage

Storm lead proved to be too large to overcome. Katie Boline led the Dawgs going 3-3 with an RBI. Caitlin Delaney finished 2-3 with one run scored. Skye Tilley added the other RBI. Brianna Cryer got the loss after two innings pitched. Kaylee Barkley finished the

#### Game 2 – SEOSU 3, SWOSU 0

The opening game of the day was one to forget. SWOSU mustered just two base runners in seven innings. The two base runners came off of walks.

Even with the lackluster offensive output, the game was winnable. The Savage Storm only put three runs up on the board and struggled to score their runners. SWOSU was just unable to make solid contact the entire game.

Brianna Cryer pitched well in relief. She went 3.2 innings, allowing only one earned run and three strikeouts.

#### Game 3 – SEOSU 3, SWOSU 0

Kaylee Barkley got her first start of the year in this one and looked very composed in the circle. A complete game and only one earned run of the three scored highlighted her strong performance.

Both teams suffered from offensive woes at the start of the second contest. Through three innings, there were no hits and only two walks to show from 20 at bats. The fourth inning brought the deciding factor.

The first batter of the inning achieved the first hit of the game. Her single put the eventual winning run on base and an error saw her score. Southeastern would later load the bases but Barkley got out of the jam with only one given up. Again, SWOSU was in the game until the final frame.

The Savage Storm scored two in the top of the seventh off of an errant outfield throw home, which gave Southeastern a better-looking final score. SWOSU surrendering these two runs was the nail in the coffin.

The Bulldogs will look to regroup quickly on Monday as they head to Kansas on Tuesday for a midweek doubleheader at Newman, starting at 2:30 pm.





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## SWOSU Drops Two-Day Matchup at Southeastern

contest in the circle.

**Grant Kopycinski** SWOSU Sports Assistant SWOSU Baseball finished their first day on the field strong with a 1-1 split before losing the deciding game three the following day.

#### Game 1 – SEOSU 15, SWOSU 10

SWOSU fell behind 4-0 after the first two innings and failed to catch up from that point forward.

The offense was on fire at the plate tallying up 17 hits, but were unable to drive runners in, leaving 13 on base. Meanwhile, Southeastern's bats were just as effective as they finished with 19 hits themselves.

#### Game 2 – SWOSU 8, SEOSU 6

SWOSU fell behind 6-0 after five innings of play and clawed their way back into the game with all eight of their runs coming in the last two innings of play.

Eight of the Dawgs 11 hits came in the sixth inning or later, helping them comeback and secure the win.

#### Game 3 – SEOSU 8, SWOSU 6

SWOSU Baseball had two home runs account for all six of their runs on Sunday but fell 8-6 to Southeastern in the third and final game of the series.

Griffin Larsen hit a grand slam in the second inning to put the Dawgs ahead 4-0 and Emilio Trevino homered for a second time on the weekend an inning

Following the second home run, SWOSU led 6-4 in the third inning – but that'd conclude their scoring in the contest.

Southeastern got single runs in the third, fourth, and fifth innings to regain the lead and added an extra run of insurance in the eighth.

The Bulldogs (7-10, 3-6 GAC) will begin a fivegame homestand with a midweek contest against #10 Central Oklahoma on Tuesday and another GAC series next weekend against East Central.







# "The Coin Guy"

## **Britain and U.S. Mint Plan Two-Coin Set**





In 2024, the Royal Mint in Britain and the U.S. Mint both plan to sell a two-coin set featuring gold coins from both countries.

This was revealed in Berlin, Germany, during the World Money Fair. Mr. Ventris Gibson, U.S. Mint Director, stated: "We cannot provide details at this time."

The Royal Mint officials also remained silent about details between the two Mints.

The U.S. Treasury will issue the gold coin without the approval of Congress. The American gold coin will feature Liberty, and the British gold coin will showcase Britannia.

The Citizens Coinage Advisory Committee (CCAC) developed the coin design for the U.S. Mint.

Now is a good time to collect and invest in coins. Call The Coin Guy at 580-890-8076 for advice. Thanks for your support.



Dr. Rita Mba-Etuge with Reme Healthcare hosts a meet and greet at the Oklahoma Health and Wellness Center located at 4200 Carriage Way. Dr. Rita is accepting new patients at her office in Weatherford. She specializes in family medicine and accepts most insurances.



Alex Shook / WW

Clinton mayor David Berrong says demolition will begin soon on the Tradewinds Facility on Gary Boulevard, recently purchased by the Clinton Economic Development Authority.

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ELK CITY PD / COMPLIANCE CHECK - The criminal investigations division of the Elk City Police department recently completed a sex offender compliance sweep. Authorities said the compliance sweep is to check whether or not those registered as a sex offender in the city of Elk City are abiding by the rules and regulations given by the state of Oklahoma. Police said Elk City currently has 20 registered sex offenders and of those 20, two were in non-compliance and were arrested without incident.

WEATHERFORD CC / LYLE ROAD - The Lyle road project is beginning with drainage work taking place first. The 300 day contract to complete the project started on February 15th.

**UPDATE / AIRPORT RD - City of Weatherford** officials have provided an update on the airport road construction project. Construction crews are starting work in the center median of interstate 40 and closing the inside lane in each direction to construct the bridge pier. East and west bound i-40 will be reduced to one lane in each direction for the foreseeable future.

HOWARD / MEDICAL MARIJUANA - The senate business committee unanimously approved senate bill 806 this week, assisting with the regulation of the medical marijuana industry. The bill, by senator Brent Howard of Altus was requested by the Oklahoma medical marijuana authority, the Oklahoma bureau of Narcotics and dangerous drugs and the attorney general's office. The legislation would restrict how many marijuana business licenses could use the same physical address for their applications.

CUSTER COUNTY SCAMS - Custer County Sheriff Dan Day said there are scam calls picking up in Custer County. Sheriff Day said one of those scams surrounds Public Service Company of Oklahoma. Sheriff Day said if you believe you've received a scam call, report it to the sheriff's department.

CUSTER COUNTY / INVENERGY - At last Monday's meeting of the Custer County commissioners, district 2 commissioner Bruce Walker proposed a transfer of funds from the county's Invenergy settlement. The funds were a reimbursement for spending on equipment and labor costs on road repairs since April 2022 to this month. The amount was \$164,349.25. The motion passed unanimously from all three commissioners.

CHEYENNE / TORNADO - One person was killed and three were injured after a line of storms hit Roger Mills county. Emergency management director Levi Blackketter said there is a lot of damage in the county--five houses have been destroyed and several have roof damage with debris scattered around the area.

WEATHERFORD / HIGHWAY 54 UPDATE -Work is expected to begin later this spring on a major project on Highway 54, beginning at Davis Road in Weatherford to five miles north. Oklahoma department of transportation Division 5 Engineer Brent Almquist said it will include adding 8 foot shoulders to the two lane highway. Almquist said the one-year project is expected to begin around May 1st.



Alcohol causing problems? Alcoholics Anonymous meets daily at 928 W. Main, Weatherford. Call (580) 819-0727 for more information. Christian Free Store - Donations of school supplies, clothes, shoes, etc. are needed or if you are in need. Please call (580) 637-2345 or (580) 291-3875. Alfalfa, OK Community Center "Bible Study," Every Monday Night from 7:00-8:00 Hwy 58. Five miles South of Hwy 152. For more Information contact (405) 643-9211. Free and Open to the Public. Oklahoma Parkinson's Alliance, monthly support group meeting the second Thursday of each month, excluding December, at 5:30 p.m. at Weatherford's Pioneer Center, 1000 Gartrell Place. Patients, caregivers, family or friends are welcome. Questions? Contact OK Parkinson's Alliance (405) 810-0695 or info@oklahomapa.org. Iron sharpens Iron is a Christ centered adult support group every Tuesday night at 7pm. 233 E Main in Hydro, First Christian Church.

Happy Birthday Wishes for March 8 - Sheila Altland, Donna Birkenfeld, Tanner Boyd, Tamra Harper, Zel Harrell, Chip Helm, Phillip Hubert, Kelly Maddox, Braxton McConnell, Craig Meacham, Scott Mitchell, Sheila Mouse, Mike Pickett, John Levi Smith, Jocelyn Thomas, Patrick Williams; March 9 - Benjamin Badgett, Michael Berrong, Sharon Butcher, Amy Chrismon, Misty Courtney, Janet Gomez, Chris Jensen, Haley Kliewer, Sam Lackey, Rhonda Lovell, Bruce McLemore, Teresa Payne, McCary Rodolph, Leya Smith, Lynn Stephenson. Jim Tull, Talon Watkins, Gary Wilson; March 10 - Anjali Ghandi Taylor Grogan, Brian Hamar, Charlene Harrington, Dale Heinrichs, Trent Keasler, Teddy King, Brent Miller, Brad Perkins; March 11 - Angie Caler, Perry Cleaver, Megan Davenport, Laurie Garcia, Kelsey Granger, Sesario Sambrano, Keith Sawatsky, Carmelito Switzer, Duncan Taylor, Kevin Townsley, Jason Trout, Kurt Van Huss, Winnifred White Tail, Hailman White Tail Jr., Tara Williams; March 12 - Donna Arganbright, Julian Borjas, Randy Devine, Tony Graham, Genisis Rose, Ronnie Schmitz, Bill Stamper, Kyle Wager; March 13 - Richard Baugher, Matthew Cannon, Kim Cisco, Kevin Evans, Debbie Garrison, Betty Klaassen, Terrel Leonard, Eileen Mullins, Brandi Nabors, John Shaddon, Eva Zitterkob; March 14 - Rudy Ahdokobo, David Altland, Summer Bass, Brandy Carlson, Elise Cornell, Erica Creswell, Brandi Gateley, Mary Katherine Nail, Eddie Perkins, Steve Thomason, Sara Townley.

# 

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Cook Aid Position - open at MOW/Weatherford Nutrition, 1000 Gartrell. Job entails cooking of vegetables, preparing salads, and desserts. And helping in the kitchen as needed. If interested, please call 580-772-1193.

#### **SERVICES & PRODUCTS**

Cartwheel Coins - Silver coins for sale. I live in Weatherford. 580-890-8076. thisoldcoin@yahoo.com - Trent Boesen

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# Save Money On Your Energy Bill With Crusader RetroFoam

One of the most overlooked aspects of owning a home can have some of the greatest impact on monthly costs: insulation. Whether purchasing pre-built homes or starting from the ground up, many homeowners might be unaware of the amount of savings they are potentially losing. We all want to be comfortable, especially in our own homes, and that means temperature control. Rain, sleet, or shine,AC and heat units keep the inside space nice and cozy—but they are often working overtime because of inefficient seals that fail to separate the out from the in. Insulation, with its different levels and types, is that seal.

Martin Knop and his son Joshua know firsthand how much of an impact insulation has on a home. Owners and operators of Crusader RetroFoam, an Injection Foam Insulation company, the pair first installed the foam in their own homes and have been very pleased with the results. While working in the construction business, Martin began looking for a way to install new insulation in a clean and efficient way and came across information for RetroFoam, a foam that you could inject straight into the wall. Curious, Martin used it on his own home, did some jobs with it, and noticed "great and positive feedback."

"Most people will begin noticing their AC/Heat will not run as often when we're done. It'll seal the air infiltrations and ensure the inside air stays consistent" – Martin.

If you've ever noticed that your heat and air systems seem to be constantly running, or that when they're turned off, the temperature never holds, you may be dealing with gaps in your insulation. Most notably, older homes, homes with big bay windows, and homes with nooks & crannies seem to fight this problem the most. When explaining how RetroFoam is different than the regular rolls of insulation, Martin described the process as similar to the way you seal a refrigerator. "If you forget to shut the door of your refrigerator - even just a small gap - you'll notice the air starts to escape and condensation forms. The full coverage seals around the doors prevent that. RetroFoam acts the same way." The foam is injected through small holes in the wall and begins to fill in air pockets and create seals that most insulations miss. And the best part? You don't have to take down drywall to install.

Some of the common concerns with insulation upgrades deal with the notion that new installations will require full wall replacements, too—costly and messy, or that packing the wall that tightly will make electrical repair/upgrade work a nightmare in the future. However, Crusader RetroFoam creates holes from the outside of the house (usually through brick) and can inject the foam with little hassle. Then, there's just the matter of covering the holes with a special mortar.

Martin explained, "You can hardly tell any work was done physically, but it'll start paying back quickly: 10%, 15%, you'll see money back fast." And as far as upgrades go, the RetroFoam is extremely pliable to work with. Cabling and wire-running can be done through the foam very easily.

So, when considering ways to "weather ready" your home, consider looking into upgrading the insulation. With a simple installation system, customers of Crusader often tailor their orders to their needs. For example, some customers have had specific sections filled, like the south wall, a bedroom, or just had an addition finished. Then, they'll order another section later down the line. RetroFoam is a competitive solution to insulation problems. The foam is Class One Fire Rated, can dampen sound up to 80%, is non-toxic, and can cover many of the cracks and crevices of a home.

When paired with caulk in hard-to-reach places like window and door trims, air leakage can be severely reduced.

Crusader RetroFoam covers most of western Oklahoma and operates in three counties in Kansas. For more information or to get a quote, stop by their website and Facebook page; you can also contact Martin Knop at (580) 774 - 9139, or Joshua Knop at (580) 302 - 3039.









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# Plan for Spring Now with Janie's Garden Center

"Spring is the time of plans and projects." This famous line comes from renown author Leo Tolstoy and his highly praised novel Anna Karenina, which is held by many to be one of the greatest works of writing ever written. However, Tolstoy missed one other crucial component of Spring - the beauty of gardens and flowers. Luckily, those are exactly what Janie's Garden Center is known for!

With locations in Weatherford, Clinton, and Elk City, Janie's Garden Center is opening for Spring with beautiful, full, and healthy plants. Their greeneries are colorfully eyecatching and their garden decor is

unmatched. Janie's has everything and the like: from annuals & perennials, to shrubs & trees, to vegetable plants. They also have all forms of pottery, iron stands, and hanging baskets to house your new Spring greens. Mulch and soil is also available at each location

making Janie's the perfect one-stop-shop as we usher in the season of sunshine and warmth. Gift cards are available as well if you're looking to get that person with a green thumb the perfect present.

You can visit Janie's Garden Centers at any of their locations: at 721 Gary Blvd, in Clinton; at 303 N Madison, in Elk City; and in Weatherford at 127 S 8th Street, right across from the Old Armory Building.

Janie's has always been synonymous with Spring and the family business is looking to continue their motto of bringing the best quality plants to western Oklahoma.

### **Fourth Generation Business**

Alex Ewbank Water Well Drilling, LLC, is a 4th generation industry provider of water services for both commercial and residential clients operating out of Weatherford, OK. From submersible pumps to farmland irrigation to residential well testing and drilling, Alex and his team are committed to ensuring all water operations at the work site and at home are efficient and functional.

Part of that 100% uptime goal is being available when things go wrong. Problems can happen, and Ewbank is committed to their mindset of "Service is Key". Offering 24/7 emergency call-outs and a strict policy for quality, it's no surprise Alex Ewbank Water Well Drilling has a rich history serving the Oklahoma community.

Alex recalls working as a kid alongside his family every summer and on the weekends and seeing the importance of what they do. He saw the effect having access to clean, running water has on daily life. "You can't live without water, and if you're coming home after work on a Friday, you can't wait until Monday for a tech to come out. You deserve to have service".

Alex has grown the business tremendously and continues to follow the principle set by his great grandpa. "I'm a firm believer in accountability. If there's a problem, I want to know about it so we can fix it. I want us to be the go-to company people think of. Our success is success for our customers". Their drive is to keep growing for the 5th and 6th generation of the business, or for whatever comes after.

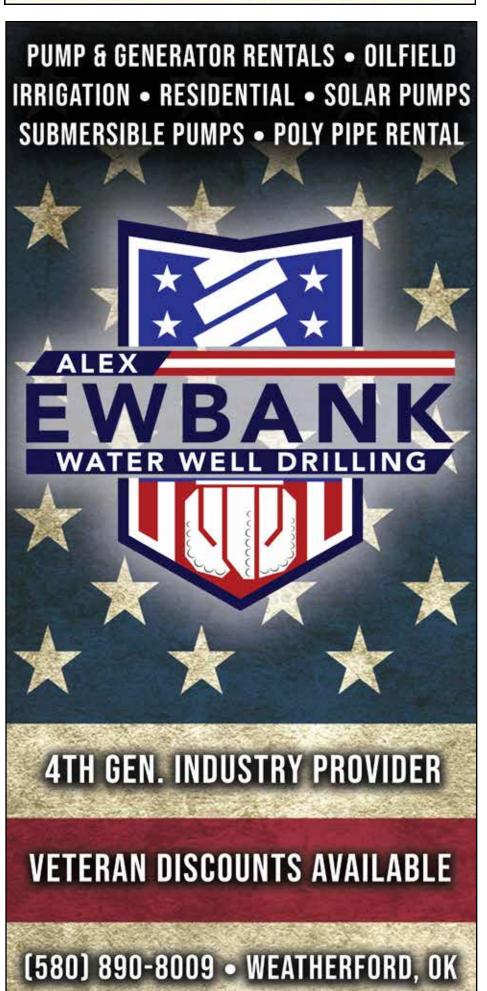
For any water project, whether it be pump and generator rentals, water lines and reservoirs for oilfield drilling, or well creation and testing for new and existing homes, contact Alex Ewbank Water Well Drilling, LLC for a consultation.



for you.









# **Vegetable Growing Tips For Any New Gardeners**



Start with the Soil! Good garden soil is crumbly and full of organic matter. It is home to an array of organisms, including helpful bacteria and fungi, and insects of all sizes. It retains water yet drains well. Grab a handful of your garden soil and squeeze it. If it holds its shape, yet crumbles easily when you drop it, you're off to a good start. If it stays in a ball or crumbles as soon as you open your hand, add compost. This will correct poor drainage, and help your soil retain water and nutrients. Add about 3 inches of compost to your problem soil, and gently work it in with a garden fork.

Start Small. Tilling up an area that is so large that you won't have the /me to keep the weeds under control will lead you to feel discouraged. If you're busy (and who isn't!) start with a single raised bed or a 4-O by 8-O plot. This is enough to plant a couple of tomatoes, basil, salad greens, maybe a row of beans. This may seem obvious, but plant what you want to eat, and concentrate your early efforts on those plants. A salad and herb garden is a good choice for beginners. As you become more comfortable with plant habits and growing techniques, you can add to your growing space.

If you're Growing in Containers, Make Sure They're Big Ones. It may look odd in spring to have a small tomato seedling in a 5-gallon container, but by mid-summer, the roots of that fast-growing plant will completely fill the pot.

Why plant in large containers? The larger the container, the less the likelihood that it will dry out if you skip a day of watering. Plus, as your plant grows large and productive, it will need the nutrients contained in the soil mix. This is true no matter what you grow in pots. Salad greens, peppers, tomatoes, and even cucumbers can produce a satisfying harvest in containers, provided that you fill them with a water-retentive, well-draining soil mix that is meant for containers, and treat them every two weeks with a balanced, soluble fertilizer. Filling pots with soil you've dug from your garden is a bad idea. It is much more dense than a container mix, and will not drain well.

When Sowing Directly in the Soil, Pay Attention to Spacing. Many seeds can be sown directly in the garden once nighttime temperatures are consistently above 50°F (10°C), including salad greens, beans and peas, root vegetables, and many flowers. Vegetable seed packets generally tell you how close your plants should be in the garden. Try to sow seed sparingly, following the packet instructions, and when your seedlings are about 2 inches in height, thin them to the recommended spacing. This is important with all vegetables and flowers, but particularly so with root vegetables. If grown too close together, carrots will end up tangled, beets will be spindly, and radishes will bolt prematurely.

Have a Ready Supply of Mulch, and Fertilize Regularly.

Mulch does double duty in the vegetable garden. It helps keep weeds under control as it conserves soil moisture. Use mulching materials that will readily break down and over /me they will improve the soil as well. Half rotted straw, shredded leaves, pine needles, shredded paper, cardboard, or any combination of these are good choices for the vegetable garden. Wait until your plants are several inches tall and your garden is well watered. Then put mulch down around your plants, keeping it an inch or two away from your plant stems. This doesn't have to be done all at once. One or two- inch layers can be added over the growing season.

To ensure a good harvest, vegetables grown in well-drained soil should be fertilized every 3 to 4 weeks with a balanced organic fertilizer. This is particularly important with heavy feeders, which include brassicas (broccoli, cauliflower, etc.), tomatoes, eggplants, squash, and melons.

Diversify! Flowers belong in or near the vegetable garden for a number of reasons. They attract pollinators, and they bring in predator insects that will help keep insects such as cabbageworms and aphids in check. A diverse garden is a healthy garden. Good, easy-from-seed choices to plant near or within a vegetable garden include marigolds, sweet alyssum, zinnias, bachelor's buttons, cosmos, calendulas, nasturtiums, and California poppies.













## Trevino and Marlow Win Latest Bulldogs of the Week Award

Grant Kopycinski SWOSU Sports Assistant

Emilio Trevino and Geoff Marlow, have been named
Bulldogs of the Week. This award is brought to you by
Wright Wradio, the official partner of SWOSU Athletics
for both livestream and radio.

Trevino (Dallas, Texas) led the lineup with an even .500 batting average last week. He finished 7-for-14 with five of those seven hits for extra bases including three home runs. He had an extra base hit in every game and a home run in three of the four games SWOSU played. The Dawgs finished 2-2 last week with a win in midweek action and another in their weekend series at Southeastern.

Marlow (Flower Mound, Texas) had a hit in every game last week which included his two-home run game on Saturday in an 8-6 win over the Savage Storm. He homered in back-to-back at-bats in the sixth and seventh innings to help complete a comeback victory.



## Oklahoma History: Tinker Air Force Base and the 1st Tornado Forecast



NOAA Photo Libra

A large airplane destroyed by the second Tinker Air Force Base tornado, just 5 days after the first. This tornado was preceded by the first tornado warning ever issued.



Exploring Oklahoma History Blog

This memorial is dedicated to the first operational tornado forecast issued on March 25, 1948, by Major Ernest Fawbush and Captain Robert Miller at Tinker Air Force Base

Chase Wright
Staff Writer
God. On March 25th, 1948,
a violent storm set down upon Tinker Air Force Base
(AFB), OK, causing an estimated \$6 million in damages,

(AFB), OK, causing an estimated \$6 million in damages, and people celebrated – because history had just been made. Five days before the March 25th tornado, another severe weather storm swept across the base, except that tornado caused \$10 million in damages and some fatalities. The sheer volume of loss spurred leaders at AFB and the Air Weather Service to investigate the possibility of forecasting the likelihood of tornadoes from severe thunderstorms. The result was an unbelievably accurate forecast about the severity and time of the next tornado at AFB, which allowed the base ample time to prepare and ultimately ensure personnel's safety and minimize loss.

Before 1948, tornadoes had never been forecast, and the consensus among the scientific community was that storms capable of producing tornadoes formed so quickly and with such force that it was statistically impossible to forecast in advance. According to the National Oceanic and Atmospheric Administration (NOAA), members of a board sent to AFB to investigate the possibility of predicting tornadoes concluded that "due to the nature of the storm, it was not forecastable" and that "it was an act of God." The board urged commanders at the base to develop safety guidelines to prevent personnel and property loss.

Following the catastrophic tornado on March 20th, General Fred S. Borum assigned Major Ernest J. Fawbush and Air Force Captain Robert C. Miller to investigate the possibility of forecasting. Fawbush and Miller then spent the next three days studying upper-air charts, surface patterns, and weather parameters from past tornadic outbreaks. They began noticing similarities in weather patterns preceding these storms. By combining their data with expert theories on tornado causes and behaviors, Fawbush and Miller successfully identified and listed weather parameters they felt were significant in producing tornadoes.

According to Miller, if "all were present in a geographical area at the same time," it would create the perfect conditions for a tornado to touch down.

There was just one small problem: a forecaster would need to consider the likelihood for these parameters to either exist or have the probability to develop.

On top of that, forecasters would then need to project these parameters over an area that would create a "tornado threat area." The size of the threat area they would need to consider would cover 20-30,000 square miles. Even with the number of factors and amount of land that would need to be analyzed, their prediction would need to be accurate to a reasonable degree and be given with enough lead time to allow parties in the prediction's path to brace themselves. Needless to say, Fawbush and Miller felt a little trepidatious in making a forecast of this magnitude.

Nevertheless, the system they developed (in just a few days, no less!) was tested on March 25th, 1948. When they plugged in the data, they concluded that central Oklahoma could be in a severe tornado threat by that afternoon—the similarities between the two mornings' wind and temperature patterns were too eerie to be ignored. After analyzing upper-air data, Fawburn and Miller prepared an announcement that set 6 P.M. local time as the expected detonation time for a critical storm. The pair notified General Borum and warned him that the most critical time would be between 5 and 6 P.M. Borum implored the men to release a forecast for heavy thunderstorms and explained that by doing so, they would allow the base time to put in motion its new base warning system. After some reservations were made, a warning was issued.

The morning turned to afternoon. Reports confirming the weather patterns began pouring in, and at 1:52 P.M., thunderstorms appeared in the northwest and began extending to the southwest. At around 2:30 P.M., Fawbush and Miller determined the storm would be directly over Tinker Air Force Base at 6 P.M. General Borum asked the men to issue a proper tornado forecast.

Miller responded, "no one has ever issued an operational tornado forecast," and pointed out that the possibility of a second tornado hitting an area within 20 years was rare—a friendly reminder that the last concurrent tornado at AFB was five days ago—But Borum insisted Fawbush and Miller released their forecast at 2:50 P.M.

Tinker AFB began preparing its Tornado Safety Plan: hanging aircraft, tying down loose objects, diverting air traffic, and evacuating personnel to safety. Such a drastic shutdown of the base would've cost a substantial amount of time and money, and there was a fear that the forecast was wrong. An inaccurate report could shatter the public's trust in weather forecasting.

By 5 P.M., the storm's squall line went through Will Rogers Municipal Airport with a light thunderstorm and pea-sized hail. A little after 6 P.M., thunder rolled in, and rain began. Within minutes, radio broadcasts were cut to an urgent news bulletin that a tornado had touched down at Tinker AFB.

Debris, powerlines, poles, runways, and buildings were in shambles. Emergency crews worked overtime to clear the streets and restore the base to operational status. But there were no casualties or significant losses. Borum's Disaster Plan, as well as Fawbush and Miller's first tornado forecast, was a success. Fawbush and Miller had just become heroes!

The preparation and up-to-date information on severe weather forecasts wouldn't be possible without Borum's gutsy call and inspiration and the minds of Fawbush and Miller. To this day, the forecast techniques created by those two men are still in use. Even the National Severe Storms Laboratory and the NOAA have been applying the knowledge they gained to improve the accuracy and lead times we enjoy around the nation today.

A memorial to these men and the first tornado forecast was dedicated to the Tinker Air Force Base on March 25th, 1998. So just remember: the next time you hear a national severe weather forecast, some of its roots stem from the work of some Oklahoma heroes.







